



Make Healthy Choices

*Each NAF location kids' meal includes:
whole fruit & choice of 8oz skim or 2% milk*

Egg in a Basket



Nutrition Facts Per Serving (entrée only):
 Calories 271 Total Fat 6g
 Cholesterol 160mg Sodium 361mg
 Total Carb 66g Sugar Protein 12g

\$4.59

Chicken And Peach Wrap



Nutrition Facts Per Serving (entrée only):
 Calories 422 Total Fat 65g
 Saturated Fat 8g Sodium 648mg
 Cholesterol 300mg Sugar protein 14g
 Total Carb 300g

\$6.29

Grilled Cheese And Turkey



Nutrition Facts Per Serving (entrée only):
 Calories 363 Saturated Fat 20g
 Total Fat 65g Cholesterol 300mg
 Sodium 710mg, Total Carb 300g
 Protein 30g

\$5.29

*Each meal is 600 calories or less and contains:
 ≤ 35% of calories from total fat,
 ≤ 10% of calories from saturated fat,
 < 0.5 grams trans-fat,
 ≤ 35% of calories from total sugars
 and ≤ 770 mg of sodium

*No Substitutions