

GOOD MORNING

Power Up With an Egg Bite, Fruit Cup & Dunkin'



SPECIAL FEATURES

- 🍳🥚 CHICKEN, EGG AND CHEESE BAGEL** 4.75 535 CAL
grilled chicken breast, fresh egg, american cheese, bagel
- 🌮🥚 RANCHERO BREAKFAST TACO** 2.10 240 CAL
flour tortilla filled with scrambled eggs, green chilies, green onions, tortilla straws, cheddar cheese and ranchero salsa
- 🍲🥚 QUINOA BREAKFAST BOWL** 4.25 610 CAL
quinoa, sausage, roasted tomatoes, and mushrooms topped with a fried egg
- 🍳🍄 SPINACH & MUSHROOM EGG BITE** 1.85 310 CAL
spicy garlic spinach, sautéed mushrooms, tomato, swiss cheese and fluffy eggs

🥚 = LOW SODIUM

🍳 = MODERATE SODIUM

🍳🥚 = HIGH SODIUM

2,000 CALORIES A DAY IS USED FOR GENERAL NUTRITION ADVICE, BUT CALORIE NEEDS VARY. ADDITIONAL NUTRITION INFORMATION AVAILABLE UPON REQUEST

MAKE IT A GREAT DAY

Power Up With a Featured Grain Bowl, Fruit & Water



SPECIAL FEATURES

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| ● M ANGUS BEEF CHEESEBURGER | 3.90 | 500 CAL |
| angus meat, american cheese, roasted garlic aioli on a toasted bun | | |
| ● M KIM CHI BLACK BEAN BURGER | 3.95 | 530 CAL |
| black bean burger, spicy kim chi, pickled daikon, sriracha mayonnaise, on a toasted bun | | |
| ● H CRISPY RANCH CHICKEN SANDWICH | 3.25 | 580 CAL |
| crispy chicken breast and ranch bbq sauce with lettuce, tomato and coleslaw on a toasted bun | | |
| ● M STEAKHOUSE GRILLED CHICKEN SANDWICH | 5.50 | 510 CAL |
| grilled chicken, lettuce, tomato, caramelized onions, bacon, horseradish mayonnaise on toasted bun | | |
| ● L GRILLED CHICKEN BREAST | 3.25 | 210 CAL |
| all natural chicken breast marinated in orange juice, basil, thyme | | |
| ● M MEDITERRANEAN GRAIN BOWL | 4.50 | 340 CAL |
| chicken, farro, roasted cauliflower, feta cheese, kalamata olives, spinach, onion, lemon garlic vinaigrette | | |
| ● L PESTO SALMON GRAIN BOWL | 8.85 | 500 CAL |
| grilled salmon, feta cheese, tomato, cucumber, carrot, corn, red pepper, lettuce and quinoa. cilantro pumpkin seed vinaigrette | | |
| ● M CLASSIC CHEESE PIZZA H | 6.30 | 600 CAL |
| mozzarella, hearty tomato sauce, cauliflower crust | | |
| ● M PEPPERONI PIZZA H | 6.50 | 760 CAL |
| pepperoni, mozzarella, pizza sauce, cauliflower crust | | |

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