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**Week 1**

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MICRO MARTS AND FOOD TRUCKS BREAKFAST MENU WEEK OF 7-14-2025    WEEK 1

**MONDAY – FRIDAY**

THIS WEEK'S BREAKFAST SPECIALS

BACON, EGG, AND CHEESE CROSSIANT

CHICKEN, EGG, AND CHEESE BISCUIT

CORE ITEMS

SAUSAGE EGG AND CHEESE BISCUIT, SAUSAGE BISCUIT, BISCUIT & GRAVY, BACON EGG AND CHEESE BISCUIT, CINNAMON ROLL, EGG AND MEAT CROISSANT, BACON EGG AND CHEESE BISCUIT, OVERNIGHT OATS PARFAIT, GRANOLA FRUIT & YOGURT PARFAITS, BOILED EGGS CUPS, PINEAPPLE AND MIXED FRUIT

## **MICRO MARKETS & FOOD TRUCKS**

### **FEATURED SPECIAL- BBQ BEEF SANDWICH & WEDGES**

#### **MONDAY**

MEATLOAF, MASHED POTATO, VEGGIE, ROLL

PEPPERONI PIZZA, CHEESEBURGER, GRILLED CHICKEN SANDWICH, TATER TOTS

#### **TUESDAY**

RANCHERO BURRITO

PEPPERONI PIZZA, CHEESEBURGER, GRILLED CHICKEN SANDWICH, TATER TOTS

#### **WEDNESDAY**

STEAK FINGERS, MASHED POTATOES, VEGGIES, AND A ROLL

PEPPERONI PIZZA, CHEESEBURGER, GRILLED CHICKEN SANDWICH, TATER TOTS

#### **THURSDAY**

POPCORN CHICKEN MASHED POTATO BOWL

PEPPERONI PIZZA, CHEESEBURGER, GRILLED CHICKEN SANDWICH, TATER TOTS

#### **FRIDAY**

ORANGE CHICKEN, FRIED RICE, AND SPRING ROLLS

PEPPERONI PIZZA, CHEESEBURGER, GRILLED CHICKEN SANDWICH, TATER TOTS

IN ADDITION TO THESE HOT ROTATING ITEMS, WE ALSO OFFER A VARIETY OF COLD ENTRÉES AND SIDE SALADS, SIX CORES HOUSE-MADE SANDWICHES AND WRAPS WITH A WEEKLY SANDWICH SPECIAL, FRESH-CUT FRUIT, COTTAGE CHEESE, SNACK CUPS, SNACK BOXES, ASSORTED DESSERT CAKES & PUDDING CUPS

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|                                     | Monday                                                                                                                                                                                               | Tuesday                                                                                                                                                                                              | Wednesday                                                                                                                                                                                            | Thursday                                                                                                                                                                                          | Friday                                                                                                                                                                                               |
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| <b>BIG CITY GRILL<br/>BREAKFAST</b> | Meat Lovers<br><br>Omelet                                                                                                                                                                            | Meat Lovers<br><br>Omelet                                                                                                                                                                            | Meat Lovers<br><br>Omelet                                                                                                                                                                            | Meat Lovers<br><br>Omelet                                                                                                                                                                         | Meat Lovers<br><br>Omelet                                                                                                                                                                            |
| <b>BIG CITY GRILLE<br/>LUNCH</b>    | Grilled Cheese<br><br>Black Bean Burger                                                                                                                                                              | Sweet & Sour Crispy<br>Chicken Sandwich                                                                                                                                                              | Sweet & Sour Crispy<br>Chicken Sandwich                                                                                                                                                              | Sweet & Sour Crispy<br>Chicken Sandwich                                                                                                                                                           | Sweet & Sour Crispy<br>Chicken Sandwich                                                                                                                                                              |
| <b>EATERY</b>                       | Meatloaf, Mashed<br>potatoes, vegetables,<br>and a Roll                                                                                                                                              | NACHOS<br><br>Rice<br><br>Beans                                                                                                                                                                      | Wing it Wednesday                                                                                                                                                                                    | Monster Spuds                                                                                                                                                                                     | Orange Chicken,<br>Fried Rice,<br>Vegetables, Pot<br>Stickers, and Egg<br>Rolls                                                                                                                      |
| <b>GOOD DAY</b>                     | Chef Salad<br><br>Mediterranean Salad<br><br>Grilled Chicken Caesar<br>Salad<br><br>Chef Salad<br><br>Mango Coconut<br>Overnight Oats<br><br>Peach Yogurt Parfait<br><br>Blueberry Yogurt<br>Parfait | Chef Salad<br><br>Mediterranean Salad<br><br>Grilled Chicken Caesar<br>Salad<br><br>Chef Salad<br><br>Mango Coconut<br>Overnight Oats<br><br>Peach Yogurt Parfait<br><br>Blueberry Yogurt<br>Parfait | Chef Salad<br><br>Mediterranean Salad<br><br>Grilled Chicken Caesar<br>Salad<br><br>Chef Salad<br><br>Mango Coconut<br>Overnight Oats<br><br>Peach Yogurt Parfait<br><br>Blueberry Yogurt<br>Parfait | Chef Salad<br><br>Mediterranean Salad<br><br>Grilled Chicken Caesar<br>Salad<br><br>Chef Salad<br><br>Mango Coconut<br>Overnight Oats<br><br>Peach Yogurt Parfait<br><br>Blueberry Yogurt Parfait | Chef Salad<br><br>Mediterranean Salad<br><br>Grilled Chicken<br>Caesar Salad<br><br>Chef Salad<br><br>Mango Coconut<br>Overnight Oats<br><br>Peach Yogurt Parfait<br><br>Blueberry Yogurt<br>Parfait |

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| <b>WRAP IT UP</b> | Jalapeno Ranch Garden WRAP                                                                                                                                                                                                | Jalapeno Ranch Garden WRAP                                                                                                                                                                                                | Jalapeno Ranch Garden WRAP                                                                                                                                                                                                | Jalapeno Ranch Garden WRAP                                                                                                                                                                                                | Jalapeno Ranch Garden WRAP                                                                                                                                                                                                |
| <b>SALAD BAR</b>  | Create Your Own Salad                                                                                                                                                                                                     | Create Your Own Salad                                                                                                                                                                                                     | Create Your Own Salad                                                                                                                                                                                                     | Create Your Own Salad                                                                                                                                                                                                     | Create Your Own Salad                                                                                                                                                                                                     |
| <b>GOOD DAY</b>   | Tuna or Chicken Salad Sandwich<br><br>Turkey BLT<br><br><br>Chicken Caesar Wrap<br><br><br>Ham & Swiss on Marble Rye<br><br><br>Beef Pepper Jack Ciabatta<br><br><br>Classic Italian Sub<br><br><br>Southwest Turkey Wrap | Tuna or Chicken Salad Sandwich<br><br>Turkey BLT<br><br><br>Chicken Caesar Wrap<br><br><br>Ham & Swiss on Marble Rye<br><br><br>Beef Pepper Jack Ciabatta<br><br><br>Classic Italian Sub<br><br><br>Southwest Turkey Wrap | Tuna or Chicken Salad Sandwich<br><br>Turkey BLT<br><br><br>Chicken Caesar Wrap<br><br><br>Ham & Swiss on Marble Rye<br><br><br>Beef Pepper Jack Ciabatta<br><br><br>Classic Italian Sub<br><br><br>Southwest Turkey Wrap | Tuna or Chicken Salad Sandwich<br><br>Turkey BLT<br><br><br>Chicken Caesar Wrap<br><br><br>Ham & Swiss on Marble Rye<br><br><br>Beef Pepper Jack Ciabatta<br><br><br>Classic Italian Sub<br><br><br>Southwest Turkey Wrap | Tuna or Chicken Salad Sandwich<br><br>Turkey BLT<br><br><br>Chicken Caesar Wrap<br><br><br>Ham & Swiss on Marble Rye<br><br><br>Beef Pepper Jack Ciabatta<br><br><br>Classic Italian Sub<br><br><br>Southwest Turkey Wrap |
| <b>PIZZA</b>      | Pepperoni Pizza<br><br>Bacon Jalapeno Pizza                                                                                                                                                                               | Pepperoni Pizza<br><br>Bacon Jalapeno Pizza                                                                                                                                                                               | Pepperoni Pizza<br><br>Bacon Jalapeno Pizza                                                                                                                                                                               | Pepperoni Pizza<br><br>Bacon Jalapeno Pizza                                                                                                                                                                               | Pepperoni Pizza<br><br>Bacon Jalapeno Pizza                                                                                                                                                                               |
| <b>SOUP</b>       | Cabbage, Ham, and Potato Soup                                                                                                                                                                                             | Cabbage, Ham, and Potato Soup                                                                                                                                                                                             | Cabbage, Ham, and Potato Soup                                                                                                                                                                                             | Cabbage, Ham, and Potato Soup                                                                                                                                                                                             | Cabbage, Ham, and Potato Soup                                                                                                                                                                                             |